

# GoPro Quick Start

Find the full manual at: [www.cadl.org/gopro](http://www.cadl.org/gopro)

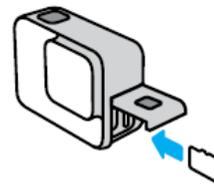
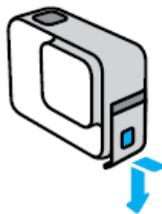


The GoPro App is available free for iPhone or Android. It is not required to use the GoPro.

## SETUP

### INSTALLING YOUR MICRO SD CARD

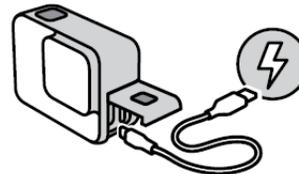
1. Hold down the Latch Release button on the side door, then slide the door open. Please refrain from forcing the door.
2. With your camera off, insert the SD card into the card slot with the label facing the USB port.



You can eject the card by pressing it into the slot with your fingernail.

### CHARGING THE BATTERY

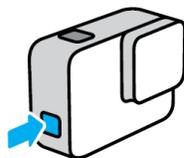
1. Hold down the Latch Release button on the side door, then slide the door open. Please refrain from forcing the door.
2. Connect your camera to the USB charger provided using the included USB-C cable.



It takes about 2 hours for the battery to fully charge.

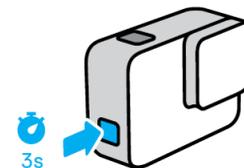
### POWERING ON

Press the Mode button to turn on the HERO7 White.



### POWERING OFF

Press and hold the Mode button to turn it off



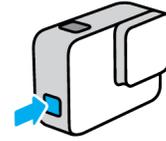
## MODES

The GoPro HERO7 has a touch screen and three main capture modes: Video, Photo, and Time Lapse Video. Change modes by swiping left or right to select the one you want.



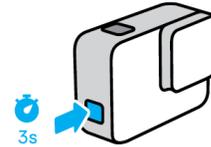
## POWERING ON

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## RECORDING VIDEO

1. Swipe left or right to .
2. Press the Shutter button  to start recording.
3. Press the Shutter button  again to stop recording.

Shutter button is located on the top of the camera.

**NOTE:** The screen will sleep after 1 minute of recording to save power. It is still recording.

Tap the screen to turn it back on. It will wake for 10 seconds before going back to sleep.

## USING THE TOUCH SCREEN



**Tap**—Selects an item, turns a setting on or off



**Swipe Left or Right**— Switches between Video, Photo, and Time Lapse modes



**Swipe Down from the Top Edge of the Screen**—Opens the Dashboard



**Swipe Up from the Top Edge of the Screen**—View Media Gallery

## RESETTING THE CAMERA

If the camera is not responding, press and hold the Mode/Power Button for 10 seconds. This will restart the camera.

## RESTORE ALL SETTINGS TO DEFAULTS

This will reset all settings except camera name, password, Language and Video Format.

1. Swipe down to access the Dashboard
2. Tap Preferences > Reset > Reset Defaults

## RESETTING CONNECTIONS

This will clear device connections and reset the password.

1. Swipe down to access the Dashboard
2. Tap Preferences > Connections > Reset Connections

The GoPro Hero7 White has many additional new features that do not fit in this quick start. Find the full manual at: [www.cadl.org/gopro](http://www.cadl.org/gopro).