

# Raising Readers Backpack

Congratulations! By checking out and using this backpack from **Capital Area District Libraries**, you are helping your child develop important literacy skills. Although these skills are very important, they can also be fun to learn.

In fact, every time you use one of these five simple practices with your child, you are helping him or her develop into a lifelong learner: **reading, writing, talking, singing** and **playing**.

Here are some ideas for using the items in this backpack:

- Read the books together, pointing out new words as you go along.
- Write some of the letters or words you see in the book.
- Talk with your child about the items in the kit. Ask what he or she thinks the stories might be about.
- Listen to the music on the CD or DVD.
- After finishing one of the stories, imagine together what might happen next.

*Read • Write • Talk • Sing • Play*

This tip sheet stays with the backpack. For a copy of your own, visit any CADL branch or [cadl.org/raisingreaders](http://cadl.org/raisingreaders).

**Please return backpack to checkout desk.**

# POLAR BEARS

## BACKPACK ACTIVITIES

### Five Little Polar Bears (fingerplay)

Five little polar bears, (hold up hand, wriggle fingers)

Playing near the shore, One tumbled in,  
And then there were four (put one finger down, hold up four)

Four little polar bears (hold up hand, wriggle four fingers)

Swimming in the sea, One chased a seal,  
And then there were three (Put one finger down, hold up three)

Three little polar bears, (hold up hand, wriggle two fingers)

What shall we do? One went swimming  
And then there were two. (Put one finger down, hold up two fingers)

Two little polar bears (hold up hand, wriggle two fingers)

Playing in the sun One took a nap  
And then there was one. (Put one finger down, hold up one)

One little polar bear, (Hold up hand, wriggle one finger)

Not very old Where's my mom?  
I'm hungry and cold  
Tuck the last finger inside fist.

### Polar Bear, Polar Bear (Teddy Bear, Teddy Bear)

*(act each of these motions out with your child)*

Polar bear, polar bear, Turn around,  
Polar bear, polar bear,  
Touch the ground.

Polar bear, polar bear, Dance on your toes,  
Polar bear, polar bear, Touch your nose.

Polar bear, polar bear, Show your paws,  
Polar bear, polar bear, Hide your claws.

Polar bear, polar bear, Scratch your head.

Polar bear, polar bear, Go to bed.

Polar bear, polar bear, Wake up now.

Polar bear, polar bear, Take a bow.

### CRAFT: Polar Bear Head

Materials needed:

White paper plate

White construction paper

Black construction paper

Glue

Googly eyes (optional)

Cotton puffs (optional)

The paper plate is the bear's head. Cut out two white circles for the bear's ears and let your child glue them to the plate. You can cut black circles for nose and eyes or use googly eyes. If you want to make your bear fluffy, have your child glue cotton puffs all over the plate.

