

# Raising Readers Backpack

Congratulations! By checking out and using this backpack from **Capital Area District Libraries**, you are helping your child develop important literacy skills. Although these skills are very important, they can also be fun to learn.

In fact, every time you use one of these five simple practices with your child, you are helping him or her develop into a lifelong learner: **reading, writing, talking, singing** and **playing**.

Here are some ideas for using the items in this backpack:

- Read the books together, pointing out new words as you go along.
- Write some of the letters or words you see in the book.
- Talk with your child about the items in the kit. Ask what he or she thinks the stories might be about.
- Listen to the music on the CD or DVD.
- After finishing one of the stories, imagine together what might happen next.

*Read • Write • Talk • Sing • Play*

This tip sheet stays with the backpack. For a copy of your own, visit any CADL branch or [cadl.org/raisingreaders](http://cadl.org/raisingreaders).

# BEDTIME BACKPACK ACTIVITIES

## Are You Sleepy?

(tune: Frere Jacques)

Are you sleepy? Are you sleepy? (rub eyes)  
Yes I am. Yes I am. (nod head)  
Take your cozy blanket (pull hands up to neck)  
And your teddy bear (hug self)  
Close your eyes (close eyes)  
Go to sleep. (put hands under head)

## Good Night

Two little hands go clap, clap, clap  
Two little hands lie in my lap  
Two little feet go bump, bump, bump  
Two little legs give one last jump  
Two little eyes are shut up tight  
One little voice whispers low,  
“Goodnight

Diddle, diddle, dumpling, my son John  
Went to bed with his stockings on.

One shoe off. One shoe on.  
Diddle, diddle, dumpling, my son John.

## Paper Plate Moon & Star Craft

### **Materials Needed:**

Paper Plate Moon Template (I just made my own by drawing the moon shape I wanted on a paper plate, then cutting away the part that I didn't need for the moon. I used this as my template to trace for the others)

Star-shaped Cookie Cutter (Optional)

Paper Plate

Small Strand of Ribbon or Yarn

Paper

Crayons

Scissors

Single Hole Punch

Using the Moon Paper Plate template trace the shape of the moon on the paper plate. Cut the plate so that it looks like a crescent moon. Decorate the moon as desired. Cut out a paper star (you can use a star-shaped cookie cutter as a template, if desired) and decorate both sides. Punch a hole in the top of the moon and one in the top of the star. String the ribbon or yarn through the holes to attach the star to the moon. Tie the ribbon in a knot to secure it.

